



PERFORM Centre

PERFORM Operating Document

Game Ready – Compression

Unit PC-POD-AT-005-v05

Revision History

Version	Reason for Revision	Date
05	Created a more consolidated version	April 2, 2020

1. Introduction

This PERFORM Operating Document (POD) is designed to outline the use, maintenance schedule and training needs for the Game Ready Compression Control Unit – Model Number 550550. This POD only covers the use within the Athletic Therapy Clinic and within the Scope of Practice for Athletic Therapists.

2. Game Ready Control Compression Unit

The Athletic Therapy Clinic has a Game Ready Control Compression Unit – Model 550550 located within the treatment area of the Athletic Therapy Clinic. This model is comprised of the control unit and various sizes of compression sleeves. The Game Ready system combines cold and compression therapies. It is intended to treat post-surgical and acute injuries to reduce swelling and pain where cold and compression are indicated.

2.1 Installation Instructions:

No specialty set up is required for the Game Ready system. Refer to the user manual for instructions on attaching individual compression sleeves.



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2.2 Maintenance Schedule:

- 2.2.1 Regular external cleaning and daily housekeeping practices are used to keep the equipment clean and free of contaminants. The main body of the Game Ready should be wiped clean with a damp cloth – this unit is not waterproof. Connector hoses can be cleaned as above. The compression sleeves can be hand washed in cold water using a mild detergent and hung to dry.
- 2.2.2 No internal unit maintenance should be performed by the user – if needed the customer service contacts are contained in the user manual.

2.3 Contraindications:

The contraindications for the Game Ready system are as follows: The unit should **never** be used in the following situations on those:

- 2.3.1 who are in the acute stages of inflammatory phlebitis in the affected region
- 2.3.2 who have any history or risk factors for deep vein thrombosis or pulmonary embolus (including prolonged bed rest) in the affected areas
- 2.3.3 who have significant arteriosclerosis or other vascular ischemic disease in the affected region
- 2.3.4 who have a condition in which increased venous or lymphatic return is not desired in the affected extremity (ex: carcinoma)
- 2.3.5 who have decompensated hypertonia in the affected area.
- 2.3.6 as the Game Ready is not sterile it is not to be used over open wounds, infections or stitches – it may be applied over clothing.
- 2.3.7 compression sleeves must only be used on the designated body part

Prolonged use or improper placement of Game Ready could result in tissue damage such as frostbite. The skin in the surrounding area should be monitored.

3. Training Requirements

The internship students from Concordia's Department of Health Kinesiology and Applied Physiology have completed a required course in modalities as well as a



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teaching lab in the subject. All modalities used in the clinic are covered in both of these semester long sessions.

Internship students using this modality must have taken the modalities course offered in the Department of Health Kinesiology and Applied Physiology and have attended the orientation session at the start of their internship semester where these particular cryotherapy systems are reviewed.